

At a Glance for Parents In & Around Leith (Please call to check if activities have spaces beforehand, groups may be term time only. Some groups may charge a small fee)

Day	Activity	Time	Venue	Age	Contact
MON	Trinity Toddlers	9.15-11.30am	Leith Sea Scout Hall (access via Craighall Ave.)	Under 5s	Pgrant1981@gmail.com
	Toddlers at the Hub	9.30-11.30am	Restalrig Lochend Community Hub	Under 5s	0131 554 0422
	Coileagan Leith (Gaelic parent and Toddlers)	9.30-11.30am 12.30-2.30pm	Leith Community Centre	Under 5s	0131 529 2415
Last Mon of month	Let's Talk Speech and Language Therapy Drop In	9.30-11am	Leith Community Centre, Trinity Room	0-4years	0131 5366467
	St Margaret's Parent, Baby/Toddler group	9.45-11.15am	St Margaret Episcopal Church	Baby/toddler	stmegspandtgroup@gmail.com
Alt month	Parent and Carer Peer Support group	10.30-1.30pm	Lothian Centre for Inclusive Living, Norton Park	Children ASL	0131 475 2350
1st Mon	Bulgarian Bookbug	10.30-11am	Leith Library	Under 5s	0131 529 5517
	Bookbug (every 2 nd Monday)	11.15-11.45am	Dr Bells Family Centre	Under 5s	0131 553 0100
	Young Mum's Club	12.30-2.30pm	Citadel Youth Centre	Parents 16-21yrs	0131 554 0510
	Juno Post natal depression support group	7.30-9pm	Lifecare Centre, Stockbridge, EH41JB	Adult and babies	Juno.enquiries@gmail.com
TUE	Trinity Toddlers	9.15-11.30am	Leith Sea Scout Hall (access via Craighall Ave.)	Under 5s	Pgrant1981@gmail.com
	Taobh Na Pairce Gaelic toddler group	9.15-11.15am	Bonnington Road	Under 5s	Lorna.sweeney@edinburgh.gov.uk
	Parent and Toddlers (Run by Ripple Project)	9.30-11.30am	McLaren Hall, 48 Restalrig Road South	Under 5s	0131 554 0422
	Parent and Toddlers	9.30-11.30am	Leith Community Centre	Under 5s	0131 554 1509
	South Leith Parent and Toddler Group	9.30-11.30am	South Leith Church Halls	Under 5s	07538 325288
	Toy Library (term time)	9.30am-1pm	Inch Community Centre	Families	0131 664 4710
	Piepmatze German Speaking Playgroup	10am-12pm	German Community Church, 1 Chalmers Cres.	Under 5s	PiepmatzeEdinburgh-Facebook
	Route 10 Rollers Buggy Walks	10am	Lochend Restalrig Hub	Parents and babies	elspethalexandra@hotmail.com
	Bookbug (1 st and 3 rd Tuesday of the month)	10.30-11.15am	Leith Library	Under 5s	0131 529 5517
	Bookbug	10.30-11	Stockbridge Library	Under 5s	0131 529 5665
	Terrace Tots	10.30am-1pm	6VT, 11-15 Vennel, EH1 2HU	Parents under 24	0131 229 1797
	Katakeet Arabic Mother& Baby Group- referral	12-1.30pm	Fort Community Wing, 25 North Fort Street	Mums and 0-6mth	0131 467 7052
	YMCA Women's Group	12.15-2.15pm	YMCA, The Acorn Centre	Women Any age	0131 553 7877
	Support Group for New Parents	3-4pm	Debenhams Cafe, Ocean Terminal	Parents and babies	Louise 0131 561 1925
	Big Hearts Kinship Care After School	4.30-6.30pm	Gorgie Suite, Tynecastle Stadium	Whole family	kinship@bighearts.org.uk
WED	Wee Stars Parent and Toddlers	9.15-11.15am	St Mary's Star of the Sea Church	Under 5s	0131 554 2482
	Trinity Toddlers	9.15-11.30am	Leith Sea Scout Hall (access via Craighall Ave.)	Under 5s	Pgrant1981@gmail.com
	St Margaret's Parent & Toddler group	9.45-11.15am	St Margaret Episcopal Church	Toddlers	stmegspandtgroup@gmail.com
	Inverleith Toddler Group	10am-12pm	Inverleith St Serf's Church Hall	Under 5s	Anne Tracy 0131 552 7615
	Baby Peep	10-11am	Christadelphian Church, 4 Gayfield Place	0-16mths	Jan McHaffie 07989 361033
	Bookbug (2 nd and 4 th Wed of the month)	10.30-11.15am	Leith Library	Under 5s	0131 529 5517
	Toddler Peep	11am-12pm	Christadelphian Church, 4 Gayfield Place	15mths-3yrs	Jan McHaffie 07989 361033
	Pregnancy Café (Referral)	11am-1pm	Fort Community Centre	Mums/dads to be	0131 552 5700 / 07772 876421
	Bump to Buggy Group (Referral Only)	1-2.45pm	Fort Community Centre	Under 3s	0131 552 5700/ 07772 876421
THU	Taobh Na Pairce Gaelic toddler group	9.15-11.15am	Bonnington Road	Under 5s	Lorna.Sweeney@edinburgh.gov.uk
	Casselbank Toy Library and Play Session	9.30-12pm	South Leith Baptist Church	Under 5s	07954 206 908

Day	Activity	Time	Venue	Age	Contact
THU	Parent and Toddlers	10-11.30am 2-3.30pm	St Paul's and St George's Church	Under 5s	gemma@pandgchurch.org.uk
Term time	Kinsfolk Carers Kinship Carer Support Group	10am-12pm	Leith Community Centre	Kinship Carers	0131 334 8512
Fortnightly	Bookbug: Seinn Gaelic songs and rhymes	10.30am	Blackhall Library	Under 5s	0131 529 5595
	Muslim Women Association Mother and Toddlers	11am-1pm	Edinburgh Central Mosque, EH8 9BT	Mothers and toddlers Any Faith	074805 69182
	Chinese Flower Group (Referral Only)	12.30-2pm	Leith Community Centre	0-3years	MCFB 0131 467 7052
	Dadtastic Group	10am-12pm	PYCP, The Greenhouse, 33 west Pilton Brae	Dads under 25	07775 409301
FRI	Toddler Activity Playgroup	9-10.30/ 11-12.30	Lifecare Centre, 2 Cheyne St	Under 5s	0131 261 6484
	Taobh Na Pairce Gaelic toddler group	9.15-11.15am	Bonnington Road	Under 5s	norma.martin@edinburgh.gov.uk
	Toddlers at the Hub	9.30-11.30am	Restalrig Lochend Community Hub	Under 5s	0131 554 0422
	Trinity Toddlers	9.30-11.30am	Leith Sea Scout Hall (access via Craighall Ave.)	Under 5s	Pgrant1981@gmail.com
	Route 10 Rollers Buggy Walks	10am	Meet outside H&M, Ocean Terminal	Parent and buggy	elspethalexandra@hotmail.com
	MCFB Strawberry Group (Referral Only)	10am-11.30am	Leith Community Centre	Under 5s	0131 467 7052
	Storytime	10-11am	Leith Library	Under 5s	0131 529 5517
	Parent and Toddler Christian Songs	10-11.30am	Abbeyhill Baptist Church	Under 5s	0131 557 4110
	Multicultural Women's group	10am-12pm	Granton Hub, Granton Park Avenue	Women/child	07809 365827
	Bookbug	10.30-11am	McDonald Road Library	Under 5s	0131 529 5636
	Feniks Polish Toddler Group	11.30am-2pm	McDonald Road Library	Adult and under 2s	07510 122425
	Craft Sessions	2.30-3.30pm	Leith Library	4-11years	0131 529 5517
	Crafternoon Craft Sessions	2.30-3.30pm	Stockbridge Library	4-11years	0131 529 5665
	Craft Sessions	3-4pm	McDonald Road Library	4-11years	0131 529 5636
SAT	Dads Rock (all year round)	10-11.30am	Granton Parish Church	Male carers & U 5s	07807 498709
	ASN Drop In activity session for families	10am-12pm	Royston Wardieburn Community Centre	Parents/carers and children 0-18yrs	0131 552 5700
	DIA ASN Drop In activity session for families	10am-12pm	Jack Kane Centre	Parents/carers and children 0-18yrs	0131 657 1595
	Dads Club for Single/contact dads and children	TBC	Leith, venues vary	Dads and children	0131 556 3800
	ASN Drop In activity session for families	2-4pm	Northfield and Willowbrae Community Centre	Parents/carers and children 0-18yrs	0131 661 5723
monthly	Purzelbaum Edinburgh German Speaking Playgroup	2-5pm	German Community Church, 1 Chalmers Cres.	Under 5s	purzelbaum.edinburgh@gmail.com
SUN	Dads Rock (all year round)	11-12.30pm	6VT Edinburgh City Youth Café, 11-15 Vennel,	Male carers & U5s	07807 498709

Last Updated February 2019

If you wish more information about what's on for parents in the North East of Edinburgh please download the full Autumn 2018 booklet -

Programmes Activities and Groups for Parents and Carers in North East Edinburgh at www.edinburgh.gov.uk/pacs

To add or amend any information in this leaflet please contact-

Jillian Hart, North East Development Officer- Parent and Carer Support, City of Edinburgh Council, **Tel: 07860 736 129**,

jillian.hart@edinburgh.gov.uk

For more information on Support for Parents and Carers in Edinburgh contact supportingparentsandcarers@edinburgh.gov.uk